Pumpernickel Bread Loaf

Gluten-free, Casein-free (No milk, No dairy)

Nutrition Facts

Serv. Size 1 slice (32g)
Servings about 16
Calories 80
Calories from Fat 10

Amount / serving	%Daily Value*	Amount / serving	%Daily Value*
Total Fat 1g	**2%**	**Total Carb** 17g	**6%**
Saturated Fat 0g	**0%**	Dietary Fiber <1g	**2%**
Trans Fat 0g		Sugars 3g	
Cholesterol 0mg	**0%**	**Protein** 1g	
Sodium 100mg	**4%**		

* Percent Daily Values are based on a 2,000 calorie diet.

Vitamin A 2% • Vitamin C 2% • Calcium 8% • Iron 2%

INGREDIENTS: BROWN RICE FLOUR, GARBANZO BEAN FLOUR, FAVA BEAN FLOUR, TAPIOCA FLOUR, POTATO STARCH FLOUR, WATER, MALTODEXTRIN [FROM POTATOES], NATURAL FLAVORS [NO MSG], CRYSTALLINE, FRUCTOSE, CALCIUM CARBONATE, COLORED WITH TITANIUM DIOXIDE [AN INERT MINERAL], CARRAGEENAN, DICALCIUM PHOSPHATE, SALT, TRICALCIUM PHOSPHATE, NON DAIRY POTASSIUM CITRATE, NON DAIRY LACTIC ACID, VITAMIN C, VITAMIN E(SYNTHETIC), VITAMIN A, VITAMIN B3, VITAMIN D3, VITAMIN B6, VITAMIN B2, VITAMIN K1, VITAMIN B1, VITAMIN B12, BIOTIN, MOLASSES, ORGANIC SUGAR, LEAVENING: [CALCIUM LACTATE {NON DAIRY}, CALCIUM CARBONATE], CELLULOSE GUM, CARBOHYDRATE GUM, ORGANIC PALM OIL, YEAST, XANTHAM GUM, VINEGAR, CARAWAY SEEDS, SEA SALT, COCOA POWDER.

Cooking Instructions: *Keep frozen until ready to use. For soft warm bread, remove from plastic, wrap in slightly damp paper towel or just place directly on a plate and microwave 25-35 seconds. Do not toast unless you want toast.*

Distributed by:
One Dish Cuisine
8001 Hillsborough Rd
(Taylor Village Center)
Ellicott City, MD 21043

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in Ellicott City, MD

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Batch No:

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