

# Mac -N-Cheese

Made in the USA BPA Free Container

## Nutrition Facts

Serv. Size 10 oz (284g)

Servings 1

Calories 390

Calories from Fat 90

\* Percent Daily Values are based on a 2,000 calorie diet.

Amount / serving	%Daily Value*	Amount / serving	%Daily Value*
<b>Total Fat</b> 10g	<b>15%</b>	<b>Total Carb</b> 61g	<b>20%</b>
Saturated Fat 3g	15%	Dietary Fiber 3g	12%
Trans Fat 0g		Sugars 5g	
<b>Cholesterol</b> 0mg	<b>0%</b>	<b>Protein</b> 9g	
<b>Sodium</b> 360mg	<b>15%</b>		
Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%			

Distributed by:

One Dish Cuisine  
8001 Hillsborough Rd  
(Taylor Village Center)  
Ellicott City, MD 21043

Made in Ellicott City, MD  
BPA Free Container



[www.onedishcuisine.com](http://www.onedishcuisine.com)

**INGREDIENTS:** RICE MILK (FILTERED WATER, ORGANIC BROWN RICE (PARTIALLY MILLED), EXPELLER PRESSED HIGH OLEIC SAFFLOWER OIL, SEA SALT, ORGANIC PASTA (ORGANIC BROWN RICE, WATER), FILTERED WATER, TAPIOCA, AND/OR ARROWROOT FLOURS, NON-GMO EXPELLER PRESSED CANOLA AND/OR SAFFLOWER OIL, COCONUT OIL, PEA PROTEIN, SALT, INACTIVE YEAST, VEGAN NATURAL FLAVORS, VEGETABLE GLYCERIN, XANTHAM GUM, ANNATTO, TITANIUM DIOXIDE (A NATURAL OCCURRING MINERAL, FILTERED WATER, TAPIOCA, AND/OR ARROWROOT FLOURS, NON-GMO EXPELLER PRESSED CANOLA AND/OR SAFFLOWER OIL, COCONUT OIL, PEA PROTEIN, SALT, INACTIVE YEAST, VEGAN NATURAL FLAVORS, VEGETABLE GLYCERIN, XANTHAM GUM, COOKING SHERRY, SOY FREE VEGAN SPREAD (NATURAL OIL BLEND [PALM OIL, CANOLA, SAFFLOWER, OLIVE], FILTERED WATER, LESS THAN 2% SALT, NATURAL FLAVOR [DERIVED FROM CORN, NO MSG, NO ALCOHOL, NO GLUTEN]), PEA PROTEIN, SUNFLOWER LECITHIN, LACTIC ACID (NON-DAIRY SOURCE, DERIVED FROM BEETS), NATURALLY EXTRACTED ANNATTO FOR COLOR, WHITE RICE FLOUR. **CONTAINS: COCONUT**

**Cooking Instructions:** Keep frozen until ready to serve, *\*Remove all plastic wrap and lid before cooking\**  
Microwave: Cover with saran wrap or damp paper towel and microwave at 50 % power for 5 minutes, stirring halfway through cooking, until done or temperature reaches 165°. Conventional Oven: remove lid, place container on cookie sheet and bake at 350° 25-35 minutes until done or internal temperature reaches 165°.

Use By:

Batch No :